

SACHDEVA GLOBAL SCHOOL

ACTIVITY PLANNER - JULY 2022

CLASSES : BUDS - II

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2 S A T U R D A Y	3 S U N D A Y
4 COMPOSITION: MY PET (CLASS I)	5 PICTURE COMPOSITION: AT PLAY (CLASS II)	6 निबंध लेखन : मेरा विद्यालय (CLASS II)	7 आओ खेलें- अक्षरों का खेल (BUDS & BLOOMS)	8 गतिविधि : चित्र देखकर उसका विपरीत शब्द बताओ (CLASS I)	9 S A T U R D A Y	10 S U N D A Y

MON

TUE

WED

THU

FRI

SAT

SUN

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ACTIVITY: SORTING
SHAPES (BUDS &
BLOOMS)

12

LET'S ADD :
ADDITION
(1 DIGIT)
(CLASS I)

13

FUN AND GAMES:
DISCUSSION - MY
FAVOURITE GAME
(CLASS II)

14

DISCUSSION:
FUN ACTIVITIES
WE DO WITH OUR
FAMILIES
(CLASS I)

15

LET'S DO
ADDITION: WITH
AND WITHOUT
CARRYING
(CLASS II)

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ENGLISH ACTIVITY:
LOOK AT THE
PICTURE AND
IDENTIFY THE
LETTER
(BUDS & BLOOMS)

19

INTRA CLASS
ENGLISH POEM
RECITATION: DON'T
MAKE TREES RARE,
KEEP THEM WITH
CARE
(BUDS-II)

20

ART ACTIVITY:
MAKING A BIRTHDAY
CARD (CLASS I)

21

ENGLISH ACTIVITY:
IDENTIFY THE
PRONOUNS IN THE
GIVEN SENTENCES
(CLASS II)

22

GENERAL
AWARENESS
ACTIVITY: MAKING
A PHOTO FRAME
(BUDS)
PASTING PICTURES
OF FAMILY
MEMBERS TO MAKE
A FAMILY TREE
(BLOOMS)

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MON	TUE	TUE	WED	THUR	FRI	SAT
25 MATH ACTIVITY: MYSTERY BOX (NUMBER GAME) (BUDS & BLOOMS)	26 INTER CLASS ENGLISH POEM RECITATION : DON'T MAKE TREES RARE, KEEP THEM WITH CARE (CLASSES I & II)	27 INTER CLASS ENGLISH RHYME RECITATION COMPETITION- CUT THE GREED, NOT THE GREEN (BUDS)	28 INTER CLASS ENGLISH RHYME RECITATION COMPETITION- CUT THE GREED, NOT THE GREEN (BLOOMS)	29 आओ सीखें : फलों के नाम (CLASS I)	30 S A T U R D A Y	31 S U N D A Y

CO - CURRICULAR ACTIVITIES

INDIAN VOCAL MUSIC	BUDS AND BLOOMS: SINGING SEVEN NOTES IN 8 BEATS, GAYATRI MANTRA, NATIONAL ANTHEM CLASSES I & II: ALANKAR PRACTICE, SONG- AASHAYEIN, 8 COUNTS OF TEENTAAL ON HANDS, REVISION OF PREVIOUS SONGS
WESTERN VOCAL MUSIC	BUDS AND BLOOMS: SONG- RAIN RAIN GO AWAY, CLAPPING EXERCISE CLASSES I & II: VOCAL WARM UPS, PRACTICE OF SEVEN NOTES WITH ARPEGGIO, SONG- YES I CAN- ANIMAL SONG, SONG-HELLO, HOW ARE YOU
DRUMS	BUDS AND BLOOMS: INTRODUCTION OF BEAT AND METRONOME, CLAPPING EXERCISE CLASSES I & II: INTRODUCTION OF BEAT AND METRONOME, CLAPPING EXERCISE, PRACTICE OF QUARTER NOTE, SINGLE STROKE PRACTICE
PIANO	CLASSES BUDS-II: CLAPPING EXERCISE IN 4/4 BEAT, HOW TO HUM, SING IN 4/4 BEAT
INDIAN DANCE	BUDS AND BLOOMS: BHOOMI PRANAM, SARASWATI VANDANA CLASSES I & II: BHOOMI PRANAM, SARASWATI VANDANA CONT., FOOTWORK IN TEENTAAL

WESTERN DANCE	BUDS AND BLOOMS: DANCE ON SONG- I WANT IT ALL BY KARMIN, FEET POSITION OF JAZZ CLASSES I & II: WORKOUT- TAPPING AND WORKING ON HAND AND LEG CO-ORDINATION, DANCE ON SONG- DANCE MONKEY
SKATING	BALANCING AND WALKING WITH SKATES WITH THE HELP OF SEVERAL EXERCISES SUCH AS STATISTIC POSITION HOLDING, BENDING POSTURE, ETC.
YOGA	BUDS AND BLOOMS: YOGA PRAYER, SITALI PRANAYAM TECHNIQUES AND BENEFITS CLASSES I & II: YOGA PRAYER, SITALI PRANAYAM, SURYA NAMASKAR TECHNIQUES AND BENEFITS
AEROBICS	BUDS- II: SINGLE STEPPING
ART	BUDS: MAKING A TIE, MAKE A WISH WITH A MAGIC WAND, LET'S LAUGH ALONG WITH JOKER BLOOMS: ENJOY RAINY SEASON WITH RAINBOW AND PEACOCK, PASTE THE HEN AND DRAW ITS CHICKS, PAPER FOLDING TREE- I LOVE NATURE. CLASS I- SKETCH PEN STIPPLING ACTIVITY CLASS II- COLOURFUL FEATHER STICKING IN A HEN